



ANTER VIDYA  
THE SCIENCE OF ESSENCE

The Science of Essence  
in which the human realizes  
to be a complete cosmos in itself.

# INTERNATIONAL ANNUAL GATHERING

*The Science of Mind  
and Humanology  
for Leadership  
and Success*

30 June - 2 July  
2023

Italy

*Explore with your peers in a sacred space  
how to continue to grow together on this path  
with commitment, passion and mutual support  
to guide ourselves and others to our destiny  
through the Teachings of Kundalini yoga*

Teacher  
**SADHANA  
SINGH**

Two days will be an ongoing learning process with  
Sadhana Singh, one day will be gathering, sharing  
and celebrating

The successful use of prana in practical everyday life

For information and to reserve your place kindly write to: [antervidya@gmail.com](mailto:antervidya@gmail.com)