



khōob

The Science of Essence for Self-realization and Self-expression

International Training

June - November 2024

Two online meetings and two residentials in Italy

Lead Trainer
SADHANA SINGH

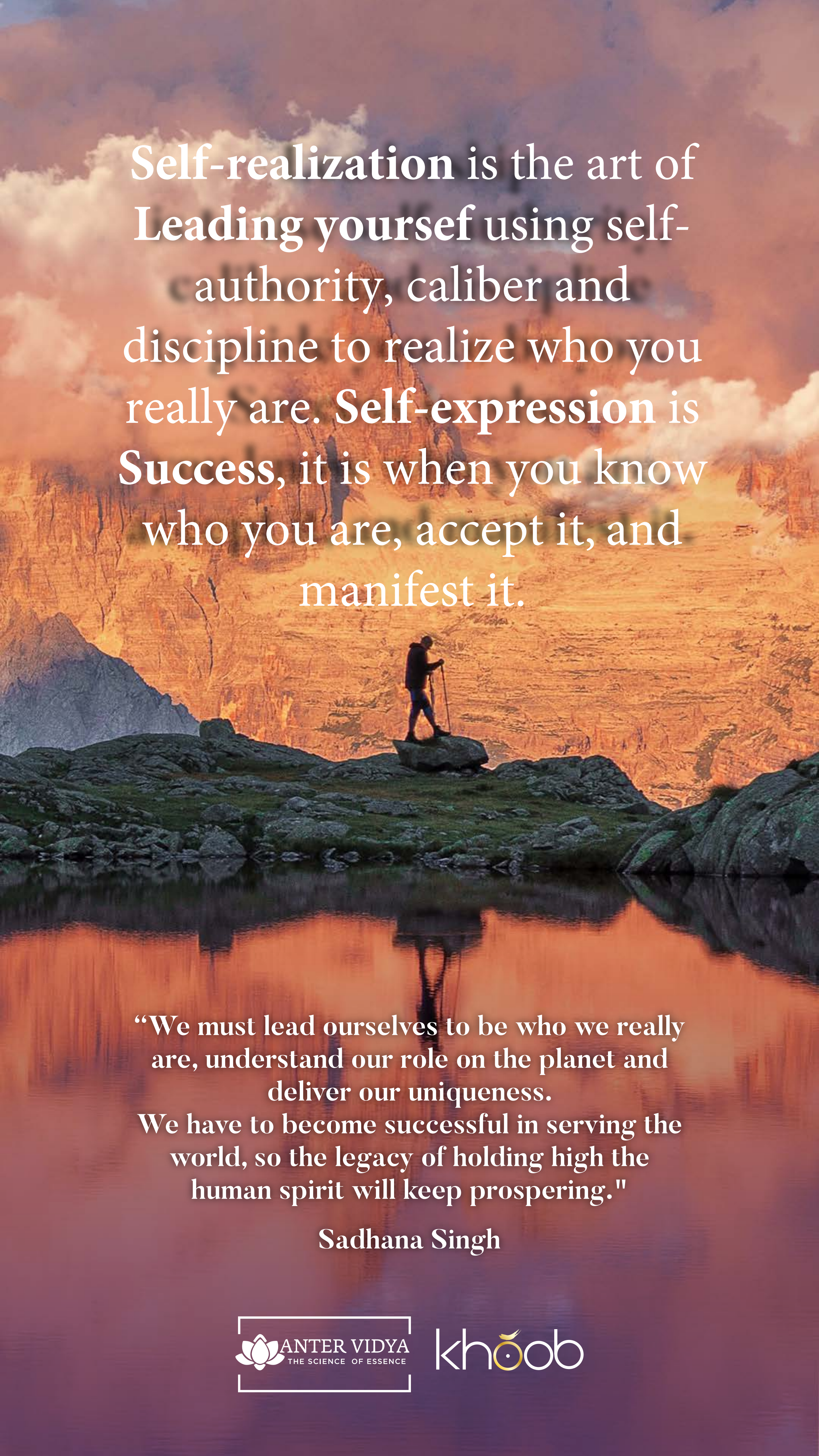


**SPECIALTY COURSE
APPROVED BY KRI**

The aim of the training is to deliver the content in a tailored-made way for the group and the actual circumstances in order to serve with efficiency the uniqueness of the participants.

OPEN TO ALL

FOR INFORMATION AND TO RESERVE YOUR PLACE, KINDLY WRITE TO: ANTERVIDYA@GMAIL.COM



Self-realization is the art of **Leading yourself** using self-authority, caliber and discipline to realize who you really are. **Self-expression** is **Success**, it is when you know who you are, accept it, and manifest it.

“We must lead ourselves to be who we really are, understand our role on the planet and deliver our uniqueness.

We have to become successful in serving the world, so the legacy of holding high the human spirit will keep prospering.”

Sadhana Singh



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DATES:

25-30 June 2024 retreat in Dolomites, Italy

6-8 September 2024 online

1-6 October 2024 retreat in Sebomai, Italy

15-17 November 2024 online

Our intention is to apply the teachings in a practical experience that it can create an elevating memory in the participants. We will use the possibilities that the environments of our retreats offer to combine didactic, yoga and meditations with experiential adventures. We aim to contribute to restoring the intrinsic balance between human and the planet, and reestablish this everlasting successful partnership.

PAYMENT

Tuition

- **EARLY: € 2.250 + VAT**

(€ 500 non-refundable by 15.01.2024 and the rest at the start)

- **REGULAR: € 2.450 + VAT**

(€ 500 non-refundable by 15.05.2024 and the rest at the start)

Accommodation* & food: € 950

(two times 5 nights, full board) * shared rooms 4 to 6 persons

After successful completion of this KRI Specialty Training, you will receive the certificate.

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